

Devotion, Week of May 31, 2026 – Week of the Trinity

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The concept of the trinity is so hard – not that there IS a God, Jesus the Son, and the Holy Spirit, but that they are somehow one. This is a foundational Christian belief that there is one God who exists eternally as three distinct, co-equal Persons: the Father, the Son (Jesus Christ), and the Holy Spirit. While God is one in essence, He is three in relationship. Now isn't that just as clear as mud?

Here's a little better explanation:

The Father: The creator and ultimate source of all things. He is the one who sends the Son and the Spirit.

The Son: God incarnate (in human form). Through His life, death, and resurrection, Jesus Christ provided the way for salvation.

The Holy Spirit: The counselor and guide. The Spirit works inside believers to comfort them, convict them of sin, and empower them to live like Christ.

Now here are some beliefs we have about this relationship:

There is only one God: Christianity is strictly monotheistic. There are not three separate gods.

Each Person is fully God: The Father, Son, and Holy Spirit equally possess the exact same divine nature; none is a "part" of God or a lesser creation.

The Persons are distinct: The Father is not the Son, the Son is not the Holy Spirit, and the Holy Spirit is not the Father. They have distinct roles but act in perfect harmony.

Each person is eternal: None of the three persons were created; all have existed without beginning and will exist without end.

They operate inseparably: While each person manifests unique attributes, all three participate equally and inseparably in the works of creation, providence, and salvation.

If this is still confusing, don't worry. It took the early church until 381 A.D. to settle this concept, and the Orthodox church, as well as some Pentecostal and Unitarian churches, still don't accept it. The controversy is related to the Old Testament statements about God – God is one and only one. Jews and Muslims firmly believe in this concept and cannot understand why we believe in the "one in three" idea of God. It all comes down to Jesus, who we believe is one with God. But it will always be a mystery, and that is why we don't need proof texts – we have faith.

Jeanne